

December 2025



Breakfast

Breakfast

Clients may choose the main entree or cereal.

Alternative menus for client's special dietary needs are available

Fresh fruit is available all day.

Milk, chocolate milk and fruit juice are available.

If you have special requests or concerns, please ask your server or see contact information below:

Drew Landenburger, MS, CNS
Dietitian
540-955-2400 ext. 7244
andrew.c.landenburger@grafton.org

Jana Hobbs
Richmond Kitchen
(804) 674-8888 ext. 5133

James DeGaetano
Kitchen Manager, Berryville
(540) 955-2400 ext. 7210

Lucinda Windham, RD, GM
lucinda.a.windham@grafton.org
540-486-6338

Sunday	Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5	Saturday 6
	Cheese Omelette Bacon English Muffin Butter & Jelly Fresh Fruit Choice of Milk	Waffles w/ Whipped Pumpkin Butter Syrup Turkey Sausage Links Fruit Cocktail Choice of Milk	Breakfast Pizza Mixed Berry Oat Parfait Fresh Fruit Choice of Milk	Baked Chocolate Chip or Blueberry Pancake Syrup & Butter Yogurt Fresh Fruit Choice of Milk	Bacon, Egg, & Cheese Burrito Sour Cream Salsa Fresh Fruit Choice of Milk	Mini Maple Waffles Yogurt Syrup Fruit Cocktail Choice of Milk
7 Apple Cinnamon Crumb Muffin Yogurt Fruit Cocktail Choice of Milk	8 Sausage & Cheese Pancake Sandwich Peaches Choice of Milk	9 French Toast Syrup Bacon Fresh Fruit Choice of Milk	10 Cream Chipped Beef over Toast Grapes Choice of Milk	11 Bacon & Cheese Breakfast Casserole Hashbrown Patty Fresh Fruit Choice of Milk	12 Blueberry Breakfast Bar Yogurt Peaches Choice of Milk	13 Mixed Berry Oat Parfait Peaches Choice of Milk
14 Cinnamon French Toast Minis Syrup Yogurt Fresh Fruit Choice of Milk	15 Egg and Cheese on Biscuit Fresh Fruit Choice of Milk	16 Breakfast Pizza Bagel Fresh Fruit Choice of Milk	17 Crème Brulee French Toast Bake Butter & Syrup Yogurt Grapes Choice of Milk	18 Bacon Egg & Cheese Frittata Banana Bread Fresh Fruit Choice of Milk	19 Scrambled Eggs Turkey Sausage Patty Sourdough Toast Butter & Jelly Fresh Fruit Choice of Milk	20 Cinnamon Roll Yogurt Peaches Choice of Milk
21 Croissant w/ Jelly Grapes Fruit Juice Choice of Milk	22 Pancakes Syrup and Butter Scrambled Eggs Warm Spiced Apples Choice of Milk	23 Creamy Maple Oatmeal Scrambled Eggs Fresh Fruit Choice of Milk	24 Ham Egg & Cheese Biscuit Fresh Fruit Choice of Milk		26 Pumpkin Bread w/ Streusel Topping Bacon Fresh Fruit Salad Choice of Milk	27 Bagel w/ Cream Cheese Fresh Fruit Choice of Milk
28 Trix French Toast Minis Syrup Yogurt Peaches Choice of Milk	29 Cheese Omelette Bacon English Muffin Butter & Jelly Fresh Fruit Choice of Milk	30 Waffles w/ Whipped Pumpkin Butter Syrup Turkey Sausage Links Fruit Cocktail Choice of Milk	31 Breakfast Pizza Mixed Berry Oat Parfait Fresh Fruit Choice of Milk			