

January 2026



Breakfast

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Clients may choose the main entree or cereal.

Alternative menus for client's special dietary needs are available

Fresh fruit is available all day.

Milk, chocolate milk and fruit juice are available.

If you have special requests or concerns, please ask your server or see contact information below:

Drew Landenburger, MS, CNS
Dietitian
540-955-2400 ext. 7244
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Jana Hobbs
Richmond Kitchen
(804) 674-8888 ext. 5133

James DeGaetano
Kitchen Manager, Berryville
(540) 955-2400 ext. 7210

Lucinda Windham, RD, GM
lucinda.a.windham@grafton.org
540-486-6338

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Baked Chocolate Chip or Blueberry Pancake Syrup & Butter Yogurt Fresh Fruit Choice of Milk	2 Bacon, Egg, & Cheese Burrito Sour Cream Salsa Fresh Fruit Choice of Milk	3 Mini Maple Waffles Yogurt Syrup Fruit Cocktail Choice of Milk
4 Apple Cinnamon Crumb Muffin Yogurt Fruit Cocktail Choice of Milk	5 Sausage & Cheese Pancake Sandwich Peaches Choice of Milk	6 French Toast Syrup Bacon Fresh Fruit Choice of Milk	7 Cream Chipped Beef over Toast Grapes Choice of Milk	8 Bacon & Cheese Breakfast Casserole Hashbrown Patty Fresh Fruit Choice of Milk	9 Blueberry Breakfast Bar Yogurt Peaches Choice of Milk	10 Mixed Berry Oat Parfait Peaches Choice of Milk
11 Cinnamon French Toast Minis Syrup Yogurt Fresh Fruit Choice of Milk	12 Egg and Cheese on Biscuit Fresh Fruit Choice of Milk	13 Breakfast Pizza Bagel Fresh Fruit Choice of Milk	14 Crème Brulee French Toast Bake Butter & Syrup Yogurt Grapes Choice of Milk	15 Bacon Egg & Cheese Frittata Banana Bread Fresh Fruit Choice of Milk	16 Scrambled Eggs Turkey Sausage Patty Sourdough Toast Butter & Jelly Fresh Fruit Choice of Milk	17 Cinnamon Roll Yogurt Peaches Choice of Milk
18 Croissant w/ Jelly Grapes Fruit Juice Choice of Milk	19 Pancakes Syrup and Butter Scrambled Eggs Warm Spiced Apples Choice of Milk	20 Creamy Maple Oatmeal Scrambled Eggs Fresh Fruit Choice of Milk	21 Ham Egg & Cheese Biscuit Fresh Fruit Choice of Milk	22 Biscuits & Sausage Gravy Fresh Fruit Choice of Milk	23 Pumpkin Bread w/ Streusel Topping Bacon Fresh Fruit Salad Choice of Milk	24 Bagel w/ Cream Cheese Fresh Fruit Choice of Milk
25 Trix French Toast Minis Syrup Yogurt Peaches Choice of Milk	26 Cheese Omelette Bacon English Muffin Butter & Jelly Fresh Fruit Choice of Milk	27 Waffles Syrup & Butter Turkey Sausage Links Fruit Cocktail Choice of Milk	28 Breakfast Pizza Mixed Berry Oat Parfait Fresh Fruit Choice of Milk	29 Baked Chocolate Chip or Blueberry Pancake Syrup & Butter Yogurt Fresh Fruit Choice of Milk	30 Bacon, Egg, & Cheese Burrito Sour Cream Salsa Fresh Fruit Choice of Milk	31 Mini Maple Waffles Yogurt Syrup Fruit Cocktail Choice of Milk