

January

2026



Metz
CULINARY MANAGEMENT

Richmond Lunch

Lunch:

Clients may choose between the main entree, a Peanut Butter and Jelly Sandwich, or a Deli Sandwich.

Alternative menus for Client's special dietary needs are available

Fat free, 1% and Chocolate milk are available

If you have special requests or concerns please ask your server or see contact information below:

Drew Landenburger, MS, CNS
Dietitian
540-955-2400 ext. 7244
drew.c.landenburger@grifton.org

Jana Hobbs
Richmond Kitchen
(804) 674-8888 ext. 5133

James DeGaetano
(540) 955-2400 ext. 7210

Lucinda Windham, RD, GM
lucinda.a.windham@grifton.org
540-486-6338

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Dry Rubbed Pork Chop Roast Sweet Potatoes and Apples Butter Roll Fresh Fruit Choice of Milk	2 Cheeseburger Casserole Cheesy Broccoli Onion Rings Applesauce Chef's Choice Dessert Choice of Milk	3 General Tso's Chicken Lo Mein Noodles Broccoli Fresh Fruit Choice of Milk
4 Cheeseburger Lettuce, Tomato, Pickle Slices French Fries Fruit Cocktail Choice of Milk	5 Shredded BBQ on a roll Baked Beans Corn Casserole Fresh Fruit Choice of Milk	6 Chili Corn Bread Loaded Baked Potato w/ Sour Cream, Butter, Cheese, Bacon Bits Fresh Fruit Choice of Milk	7 Sweet & Sour Chicken Asian Vegetables White Rice Fresh Fruit Choice of Milk	8 Steak and Cheese Sub Peppers & Onions French Fries Applesauce Choice of Milk	9 Cheese Pizza Antipasta Salad Tropical Fruit Cup Chef's Choice Dessert Choice of Milk	10 Spaghetti & Meat Balls w/ Spaghetti Sauce Garlic Knot Italian Veggies Fresh Fruit Choice of Milk
11 Chicken Tenders French Fries Creamed Spinach Applesauce Choice of Milk	12 Corn Dog Bites w/ Cheese Sauce Onion Rings Peas & Carrots Applesauce Choice of Milk	13 Grilled Cheese Sandwich Tomato Soup Roast Broccoli Pears Choice of Milk	14 Chicken Mashed Potato & Gravy Bowl Corn Butter Roll Peaches Choice of Milk	15 Cheeseburger Lettuce, Tomato Pickle Slices Sidewinder Fries Corn Chowder Fresh Fruit Choice of Milk	16 Fish Sticks Mac & Cheese Hushpuppies Applesauce Chef's Choice Dessert Choice of Milk	17 Beef & Cheese Quesadilla Salsa Sour Cream Red Beans & Rice Applesauce Choice of Milk
18 Corn Dog Buttered Noodles Garlic Roasted Broccoli Peaches Choice of Milk	19 Boneless Wings w/ Choice of Sauce (BBQ, Honey Mustard, Buffalo) Smokey BBQ Beans Wedge Salad Fresh Fruit Choice of Milk	20 Turkey Tacos White Rice Salsa Corn Cheese Shredded lettuce Fresh Fruit Choice of Milk	21 Chicken Parmesean Pasta w/ Marinara Italian Veggies Garlic Bread Applesauce Choice of Milk	22 Grilled Cheese Sourdough Burger Lettuce, Tomato Pickle Slices Tater Tots Roast Broccoli Fresh Fruit Choice of Milk	23 Pepperoni Pizza Caesar Salad Baby Carrots w/ Ranch Jello Diced Peaches Chef's Choice Dessert Choice of Milk	24 Chicken Nachos Salsa Sour Cream Corn Fresh Fruit Choice of Milk
25 Grilled Chicken Mac & Cheese Green Beans French Fries Applesauce Choice of Milk	26 Koshari Mediterranean Veggies Sliced Pears Choice of Milk	27 Jerk Chicken Beans & Rice Savory Collards Fresh Fruit Choice of Milk	28 Spaghetti & Meatsauce Parmesan Cheese Parm Roasted Zucchini Mozzarella Stuffed Breadstick Applesauce Choice of Milk	29 Chicken Tenders Carrots the Good Way Potato Soup Warm Spiced Apples Choice of Milk	30 Hot Dog Street Eats! Chili Cheese Fries Corn Nuggets Chef's Choice Dessert Choice of Milk	31 Chicken Patty Sandwich Corn and Green Bean Casserole Sliced Pears Choice of Milk